

Table 1 Grade of each indicator

Prefectures	Index 1: Overall Physical Activity Levels	Index 2: Organized Sport Participation			Index 3: Active Play	Index 4: Active Transportation			Index 5: Sedentary Behavior			Index 6: Physical Fitness			Index 7: Weight Status			Index 8: Family and Peer Influence		
		Boys	Girls	All		Boys	Girls	All	Boys	Girls	All	Boys	Girls	All	Boys	Girls	All	Boys	Girls	All
Hokkaido	INC	B	C	C	INC	A	A	A	D	D	D	D	D	A	A	A	D	F	F	
Aomori	INC	B	C	B	INC	B	B	B	D	C	D	D	C	A	A	A	D	F	D	
Iwate	INC	B	C	C	INC	B	B	B	D	C	D	C	C	A	A	A	D	F	D	
Miyagi	INC	B	C	C	INC	A	B	B	D	C	D	D	C	A	A	A	D	F	D	
Akita	INC	B	C	B	INC	B	B	B	D	C	D	C	B	C	A	A	A	D	F	D
Yamagata	INC	B	C	B	INC	A	A	A	D	D	D	D	C	A	A	A	D	F	D	
Fukushima	INC	B	C	C	INC	B	B	B	D	C	D	D	C	A	A	A	D	F	D	
Ibaraki	INC	B	C	C	INC	A	A	A	D	D	D	C	B	C	A	A	A	D	F	D
Tochigi	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Gumma	INC	B	C	B	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Saitama	INC	B	C	B	INC	A	A	A	D	C	D	C	B	C	A	A	A	D	F	F
Chiba	INC	B	C	B	INC	A	A	A	D	C	D	C	B	C	A	A	A	D	F	F
Tokyo	INC	B	C	B	INC	A	A	A	D	C	D	D	C	D	A	A	A	D	F	F
Kanagawa	INC	B	C	B	INC	A	A	A	D	C	D	D	D	D	A	A	A	D	F	F
Niigata	INC	B	C	B	INC	A	A	A	D	D	D	C	B	C	A	A	A	D	F	F
Toyama	INC	B	C	B	INC	A	A	A	D	D	D	D	C	C	A	A	A	D	D	D
Ishikawa	INC	B	C	B	INC	A	A	A	D	C	D	C	B	C	A	A	A	D	F	D
Fukui	INC	B	C	B	INC	A	A	A	D	C	D	C	B	C	A	A	A	D	F	D
Yamanashi	INC	B	C	C	INC	A	A	A	D	C	D	D	C	D	A	A	A	D	F	D
Nagano	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Gifu	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	D	D
Shizuoka	INC	B	C	B	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Aichi	INC	B	C	B	INC	A	A	A	D	C	D	D	C	D	A	A	A	D	F	F
Mie	INC	B	C	C	INC	A	A	A	D	D	D	D	C	C	A	A	A	D	F	D
Shiga	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Kyoto	INC	B	C	B	INC	A	A	A	D	D	D	D	C	D	A	A	A	D	F	F
Osaka	INC	B	C	B	INC	A	A	A	D	D	D	D	C	D	A	A	A	F	F	F
Hyogo	INC	B	C	B	INC	A	A	A	D	C	D	D	C	D	A	A	A	D	F	F
Nara	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	F
Wakayama	INC	B	C	B	INC	A	A	A	D	D	D	D	C	C	A	A	A	D	F	F
Tottori	INC	B	C	B	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Shimane	INC	B	C	B	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Okayama	INC	B	C	C	INC	A	A	A	D	D	D	D	C	C	A	A	A	D	F	D
Hiroshima	INC	B	C	C	INC	A	A	A	D	C	D	C	C	C	A	A	A	D	F	D
Yamaguchi	INC	B	C	C	INC	A	A	A	D	C	D	D	C	D	A	A	A	D	F	D
Tokushima	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Kagawa	INC	B	C	B	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	D
Ehime	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	F
Kochi	INC	B	C	C	INC	A	B	B	D	D	D	D	C	C	A	A	A	D	F	F
Fukuoka	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	F
Saga	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	F
Nagasaki	INC	B	C	C	INC	B	B	B	D	C	C	D	C	C	A	A	A	D	F	F
Kumamoto	INC	A	B	B	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	F
Oita	INC	B	C	C	INC	A	A	A	D	C	D	D	C	C	A	A	A	D	F	F
Miyazaki	INC	B	C	C	INC	A	A	A	D	C	C	D	C	C	A	A	A	D	F	D
Kagoshima	INC	B	C	C	INC	A	A	A	D	C	C	D	C	D	A	A	A	D	F	D
Okinawa	INC	B	C	C	INC	B	B	B	D	C	C	D	C	D	A	A	A	D	F	F
The 2016 Japan Report Card	INC		C	INC		A			C				C		A				D	

The grade for each indicator in the 2016 Japan Report Card on Physical Activity for Children and Youth was based on the percentage of children and youth meeting a defined benchmark5): A is 81% to 100%; B is 61% to 80%; C is 41% to 60%, D is 21% to 40%; F is 0% to 20%; INC is incomplete data.

Table 2 Prefectures ranked by grade (Both genders)

	Index 2: Organized Sport Participation	Index 4: Active Transportation	Index 5: Sedentary Behavior	Index 6: Physical Fitness	Index 7: Weight Status	Index 8: Family and Peer Influence
	<b>【B】</b>	<b>【A<sup>+</sup>】</b>	<b>【C】</b>	<b>【B<sup>-</sup>】</b>	<b>【A】</b>	<b>【D<sup>-</sup>】</b>
Prefectures with highest grades	Akita Kyoto Kumamoto	Saitama Tokyo Kanagawa Aichi Osaka Hyogo	Miyazaki	Fukui	47 prefectures (omission)	27 prefectures (omission)
	<b>【C】</b>	<b>【B】</b>	<b>【D<sup>+</sup>】</b>	<b>【D】</b>	None	<b>【F】</b>
Prefectures with lowest grades	Hokkaido Miyagi Kochi Okinawa	Aomori Iwate Akita Fukushima Okinawa	Aomori Akita Gumma Fukui Nagano Gifu Shizuoka Hyogo Tottori Shimane Yamaguchi Tokushima Saga Kumamoto Oita	Hokkaido Kanagawa		20 prefectures (omission)

Table 3 Percentages of each indicator

Prefectures	Index 2: Organized Sport Participation (Percentage of "Yes")			Index 4: Active Transportation (Percentage of "walking or cycling")			Index 5: Sedentary Behavior					Index 6: Physical Fitness (Percentage of "A and B")			Index 7: Weight Status (Percentage of "overweight/obesity and underweight")			Index 8: Family and Peer Influence***			
	Boys	Girls	All	Boys	Girls	All	Boys*	Girls*	All*	Boys**	Girls**	All**	Boys	Girls	All	Boys	Girls	All	Boys	Girls	All
Hokkaido	66.3	42.6	54.5	85.5	83.3	84.4	76.6	75.1	75.8	66.5	40.5	53.5	29.9	39.5	34.7	12.9	11.8	12.3	21.5	15.7	18.6
Aomori	74.4	52.9	63.7	70.0	65.5	67.8	74.5	73.3	73.9	58.4	34.7	46.5	35.1	51.0	43.0	13.5	11.5	12.5	23.9	19.0	21.4
Iwate	69.7	47.6	58.7	71.5	67.0	69.2	76.4	76.4	76.4	57.4	34.4	45.9	41.5	56.6	49.1	12.5	11.2	11.9	26.8	19.5	23.1
Miyagi	65.4	40.2	52.8	81.3	77.5	79.4	76.8	75.6	76.2	60.0	36.2	48.1	31.6	46.7	39.1	12.1	10.1	11.1	23.0	17.5	20.2
Akita	78.0	57.6	67.8	72.1	66.6	69.4	73.4	72.1	72.7	58.9	33.1	46.0	45.2	60.4	52.8	12.6	10.9	11.7	28.5	19.5	24.0
Yamagata	73.3	53.2	63.3	85.8	83.4	84.6	79.0	78.2	78.6	62.6	35.5	49.1	33.8	52.2	43.0	12.7	10.1	11.4	26.2	20.0	23.1
Fukushima	69.1	47.2	58.2	77.1	71.9	74.5	77.0	74.9	76.0	62.4	37.5	49.9	30.5	47.8	39.2	12.9	10.8	11.9	23.9	19.2	21.5
Ibaraki	66.9	43.8	55.4	88.7	86.5	87.6	78.1	75.9	77.0	62.8	37.3	50.0	48.6	66.9	57.7	11.8	10.2	11.0	24.4	19.2	21.8
Tochigi	69.2	47.6	58.4	90.1	88.1	89.1	77.7	74.6	76.1	60.0	32.1	46.0	33.2	51.2	42.2	12.3	10.9	11.6	26.0	19.9	22.9
Gumma	70.8	50.2	60.5	89.4	87.1	88.3	76.7	74.1	75.4	58.6	32.8	45.7	33.7	50.8	42.2	10.5	9.1	9.8	25.3	19.2	22.3
Saitama	72.0	49.2	60.6	97.7	97.7	97.7	76.0	73.5	74.7	60.6	34.9	47.8	43.3	63.4	53.3	9.7	9.5	9.6	22.0	16.8	19.4
Chiba	75.3	53.9	64.6	92.6	90.8	91.7	75.7	72.4	74.0	61.8	36.4	49.1	43.5	61.1	52.3	9.3	7.9	8.6	21.6	16.7	19.1
Tokyo	75.0	54.0	64.5	95.5	95.4	95.4	75.6	72.8	74.2	62.2	38.9	50.5	30.0	47.0	38.5	9.5	7.9	8.7	22.2	15.8	19.0
Kanagawa	74.9	52.9	63.9	96.2	95.7	96.0	75.9	73.5	74.7	62.9	38.7	50.8	28.3	39.4	33.8	8.7	8.0	8.3	20.9	15.3	18.1
Niigata	73.4	51.4	62.4	85.8	82.4	84.1	78.7	77.4	78.1	65.1	37.7	51.4	46.1	61.4	53.8	10.2	9.4	9.8	22.9	16.8	19.8
Toyama	72.6	53.5	63.1	89.0	85.6	87.3	78.4	75.7	77.0	64.1	37.5	50.8	39.2	56.0	47.6	8.6	8.5	8.6	26.0	20.2	23.1
Ishikawa	73.5	49.6	61.6	86.8	83.6	85.2	76.7	76.5	76.6	58.4	33.5	45.9	45.9	60.1	53.0	8.9	7.6	8.3	23.0	17.1	20.0
Fukui	74.0	52.7	63.4	85.0	83.2	84.1	72.9	71.1	72.0	59.0	32.0	45.5	51.3	69.6	60.5	8.8	7.2	8.0	23.2	18.0	20.6
Yamanashi	70.5	46.6	58.6	85.8	83.3	84.6	76.3	75.7	76.0	58.7	33.6	46.1	30.7	46.8	38.7	12.3	8.9	10.6	23.8	19.3	21.5
Nagano	70.3	49.2	59.8	85.8	82.7	84.2	73.7	71.9	72.8	55.6	30.6	43.1	36.1	49.8	42.9	9.6	8.2	8.9	25.9	18.8	22.3
Gifu	70.5	47.8	59.2	91.3	90.3	90.8	73.9	71.6	72.8	59.7	35.3	47.5	35.9	51.1	43.5	8.6	8.2	8.4	27.7	21.5	24.6
Shizuoka	73.8	54.1	64.0	92.0	90.4	91.2	74.7	72.1	73.4	62.2	35.6	48.9	35.9	56.0	45.9	9.6	8.0	8.8	24.2	18.7	21.5
Aichi	74.7	55.1	64.9	97.6	97.4	97.5	76.7	74.2	75.4	62.9	37.6	50.3	27.9	45.3	36.6	9.0	7.5	8.2	22.1	17.2	19.6
Mie	68.8	48.2	58.5	92.4	90.5	91.4	77.6	75.8	76.7	64.7	38.2	51.4	33.9	48.8	41.3	9.9	8.5	9.2	24.0	19.4	21.7
Shiga	71.2	48.6	59.9	93.7	92.8	93.2	77.1	74.8	75.9	63.2	37.2	50.2	34.9	47.0	40.9	8.1	7.2	7.7	23.6	18.3	21.0
Kyoto	75.7	56.0	65.9	94.3	94.1	94.2	77.0	75.7	76.3	63.1	38.2	50.6	31.6	47.4	39.5	8.3	7.7	8.0	21.1	15.2	18.1
Osaka	71.3	50.2	60.8	98.0	98.0	98.0	77.2	75.8	76.5	64.6	40.2	52.4	28.0	42.6	35.3	8.4	8.3	8.4	19.3	14.0	16.6
Hyogo	71.2	50.5	60.9	95.3	95.2	95.2	76.0	73.4	74.7	58.4	33.7	46.0	28.9	44.5	36.7	7.9	7.1	7.5	21.9	16.3	19.1
Nara	70.5	47.7	59.1	93.4	92.2	92.8	75.9	74.3	75.1	62.2	37.0	49.6	35.9	47.6	41.7	9.4	7.2	8.3	22.2	15.8	19.0
Wakayama	71.4	51.2	61.3	87.4	85.6	86.5	77.0	75.4	76.2	67.0	39.9	53.4	36.6	53.4	45.0	9.9	8.5	9.2	22.5	16.9	19.7
Tottori	74.0	52.9	63.5	85.7	82.9	84.3	77.6	75.8	76.7	55.0	30.0	42.5	36.5	54.1	45.3	9.0	8.6	8.8	26.6	18.9	22.7
Shimane	74.7	55.1	64.9	87.1	85.4	86.3	76.3	75.3	75.8	55.5	30.2	42.9	35.2	49.4	42.3	9.0	8.4	8.7	26.3	18.2	22.2
Okayama	68.0	44.8	56.4	93.3	91.7	92.5	77.5	76.8	77.1	61.0	37.9	49.5	39.6	51.9	45.7	9.7	8.5	9.1	25.2	18.5	21.8
Hiroshima	70.1	48.1	59.1	89.6	87.0	88.3	76.9	74.8	75.8	60.6	35.3	47.9	42.5	58.5	50.5	9.0	8.5	8.7	25.8	18.8	22.3
Yamaguchi	72.3	47.1	59.7	92.9	90.6	91.7	75.8	73.5	74.6	58.8	34.7	46.7	30.2	47.6	38.9	9.4	8.9	9.1	25.8	19.5	22.6
Tokushima	69.2	47.2	58.2	84.8	82.0	83.4	73.9	71.7	72.8	60.1	36.2	48.1	33.6	48.7	41.2	12.5	10.7	11.6	24.7	19.5	22.1
Kagawa	71.8	51.6	61.7	90.8	88.3	89.5	78.1	75.3	76.7	62.6	36.1	49.3	33.7	49.2	41.4	9.6	9.5	9.5	25.0	19.0	22.0
Ehime	69.1	49.7	59.4	92.4	91.0	91.7	73.6	69.9	71.7	56.8	31.5	44.1	32.7	49.1	40.9	9.4	8.8	9.1	21.4	16.4	18.9
Kochi	63.8	41.7	52.8	82.0	75.7	78.9	75.8	75.3	75.5	61.1	37.0	49.1	35.5	47.5	41.5	10.5	10.6	10.5	22.5	16.2	19.3
Fukuoka	70.4	45.9	58.2	90.0	87.6	88.8	75.9	74.2	75.0	58.8	35.4	47.1	34.0	47.3	40.6	9.8	8.0	8.9	21.1	16.3	18.7
Saga	70.2	46.9	58.6	86.4	84.4	85.4	75.4	72.4	73.9	55.0	29.4	42.2	35.4	48.7	42.0	8.5	9.5	9.0	21.6	16.5	19.1
Nagasaki	72.0	46.9	59.5	79.9	78.2	79.1	75.0	73.1	74.0	52.4	25.4	38.9	33.3	51.3	42.3	9.1	8.9	9.0	21.5	16.8	19.1
Kumamoto	80.4	63.6	72.0	88.5	86.3	87.4	75.2	73.2	74.2	55.4	28.9	42.2	35.3	52.9	44.1	10.0	9.5	9.7	21.9	17.0	19.5
Oita	72.5	47.2	59.9	86.7	84.7	85.7	75.3	73.7	74.5	58.3	33.8	46.0	40.9	53.6	47.3	11.4	10.3	10.9	23.3	16.3	19.8
Miyazaki	69.3	45.6	57.5	92.4	90.3	91.3	70.9	67.5	69.2	50.0	27.2	38.6	39.5	53.2	46.3	10.9	9.6	10.3	24.5	19.9	22.2
Kagoshima	70.8	48.0	59.4	82.7	80.4	81.5	73.5	70.6	72.0	50.1	26.0	38.0	29.7	48.0	38.8	9.9	9.2	9.5	23.1	17.8	20.4
Okinawa	66.6	42.2	54.4	71.8	66.9	69.4	71.6	67.2	69.4	52.7	31.0	41.9	31.7	44.5	38.1	9.7	9.5	9.6	20.9	15.7	18.3
Mean	71.5	49.6	60.5	87.7	85.4	86.6	75.9	73.9	74.9	59.7	34.6	47.2	35.9	51.4	43.6	10.1	9.0	9.6	23.6	17.8	20.7
SD	3.2	4.5	3.8	6.9	8.2	7.5	1.8	2.3	2.0	3.9	3.7	3.7	5.7	6.5	6.0	1.5	1.2	1.3	2.1	1.7	1.8
All over Japan	72.0	50.3	61.2	88.7	82.6	85.6	74.2	70.2	72.2	56.9	33.8	45.3	34.4	51.7	43.0	9.7	8.7	9.2	22.7	17.2	19.9

\*: more than 1 hour per day of watching TV, videos or DVDs viewing (Not playing video games) on weekdays, \*\*: more than 1 hour per day playing video games (PCs, portable electronic devices having a game function, cellular or smart phones) on weekdays, \*\*\*: more than once per week play sports or exercise with your family, SD: standard deviation.